



PA Marin Newsletter

ARTICLES BY PA STAFF, BOARD AND PARTNERS

Registry Provider Spotlight

By **AURORA TOVAR**



Maidely Cuervo

Maidely Cuervo, 23, lives in Novato, CA. She was pursuing an Economics degree at Riverside University before pausing her studies when her mother was injured by a cyclist a year ago. To support her family, she began working for the Public Authority on January 19, 2024. Her flexible schedule allows her to care for her mother and tutor her younger siblings in Math and English.

Maidely now assists two recipients, gaining valuable caregiving experience. She noted that caregiving, unlike her fast-paced role as a waitress, is far from simple. It requires constant adaptation and understanding of unique needs. She likened caregiving to parenting, emphasizing it as a 24/7 commitment rather than a routine job. Her recipients' well-being depends on her care, and she has come to deeply admire the dedication of fellow caregivers. "Even on tough days, I find the strength to show up because their battles outweigh my discomforts," she said. Despite challenges, Maidely cherishes her work, developing a love and respect for her elderly recipients. Inspired by her experience, she is considering social work as a future career to assist people in need meaningfully. In her free time, Maidely enjoys thrifting, selling online, clothing alterations, photography, and running. She plans to continue working for her clients, save money, and return to Riverside University in 2026 to complete her Economics degree before pursuing social work. Maidely's dedication and aspirations serve as an inspiration to other caregivers.

Executive Director Report

By **DARIO SANTIAGO**

As we reflect on the success of our recent "Hearts at Home" caregiver appreciation event, I want to express my heartfelt gratitude to the sponsors who made it all possible: Marin Transit, Marin Community Foundation and Ayawasca Restaurant. Also to all the community businesses who donated gifts and their time for the caregivers, which allowed us to celebrate the incredible dedication of our IHSS caregivers in a meaningful way. To our caregivers: thank you for showing up every day with compassion, resilience, and dedication. Also our community partners: Marin County Board of Supervisors who provided certificates, and to our Marin County partners who joined us to celebrate. See page 3 for pictures.

As we move into the new year, I'm thrilled to share an exciting opportunity for growth. We're launching a series of new caregiver training sessions designed to enhance your skills and offer tools to navigate the challenges of caregiving. These trainings will cover everything from CPR Certification to practical tips for managing infectious diseases and complex medical needs. Whether you're a seasoned caregiver or just starting out, we encourage you to join us in these sessions and invest in your professional development. Please scan the QR Code on page 2 of this newsletter, which will be updated monthly with new classes. We hope to see many of you take advantage of these opportunities! Thank you for all that you do. Together, we're making a difference in the lives of IHSS recipients.



IHSS



PROVIDER CLASSES



**MORELA MADRIZ
(IHSS PROVIDER INSTRUCTOR)**

WELCOME MORELA!

Morela will be one of the instructors providing trainings to IHSS Providers. A dynamic practitioner with over 25 years of healthcare experience. After her medical training in the city hospitals of Venezuela, she created a legacy infrastructure of emergency services sorely lacking before her arrival. A natural educator, in 2010 Morela joined the team at Homebridge, a nonprofit training academy in San Francisco for IHSS Recipients. She continues to inspire students each day with her playful nature and fascinating tales. Whether developing curriculum or creating new programs, Morela is motivated by her love of healthcare and feels passionate about passing on her diverse accumulation of knowledge and career seasoning.

UPCOMING CLASSES:

- Friday, January 31, 10AM - 12PM: Infection Control (English)
- Friday, January 31, 2PM - 4PM: Infection Control (Spanish)
- Monday, February 10, 10AM - 4PM: CPR/FA/AED (Spanish)
- Friday, February 14, 10AM to 4PM: CPR/FA/AED (English)
- Friday, February 21, 10AM-12PM: Body Mechanics & Transferring (Spanish)
- Friday, February 21, 2PM to 4PM: Body Mechanics & Transferring (English)
- Friday, February 28, 10AM-12PM: Infection Control (Spanish)
- Friday, February 28, 2PM to 4PM: Infection Control (English)

Registration Required*

**SCAN QR CODE
TO REGISTER!**



HEARTS AT HOME CELEBRATION

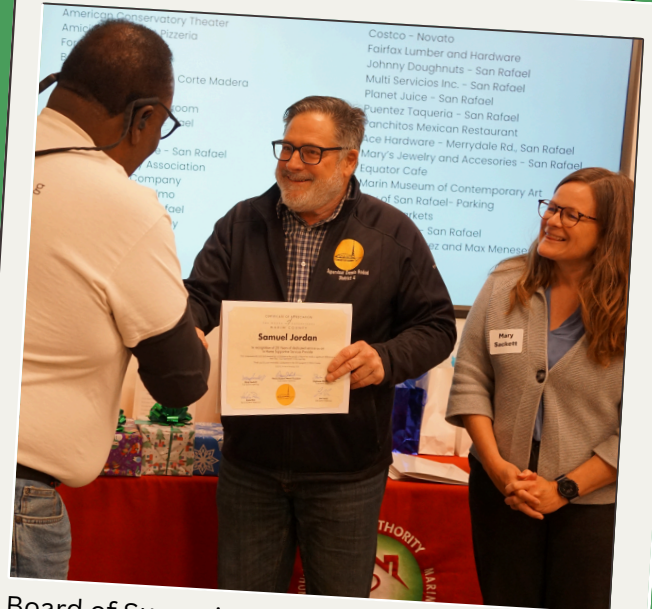
THANK YOU TO ALL OUR SPONSORS AND
OVER 100 GUESTS WHO CELEBRATED OUR
IHSS REGISTRY CAREGIVERS!



The Flashbacks Band performing for the
IHSS Registry Caregivers



Public Authority Staff, Adriana, Dario and Aurora,
with raffle winner and IHSS Provider Nery Velasquez



Board of Supervisors, Sup. Dennis Rodoni and
Sup. Mary Sackett, presenting "20 Year
Certificate of Appreciation" to IHSS Provider
Samuel Jordan



WINTER 2024/25



PUBLIC AUTHORITY
IN-HOME SUPPORTIVE SERVICES
MARIN COUNTY

ENGLISH VERSION

IHSS Provider Trainings

By Aurora Tovar

**IN-PERSON TRAINING
SIGN UP**



Stay Ahead with Exciting Training Opportunities!

Scan this QR code regularly to discover new classes and level up your skills! Don't wait—spots fill up fast, so click and register as soon as you see a class you love!

Can't make it to a class you registered for?

No problem—just let us know right away so we can share the opportunity with another amazing caregiver like you. Call us at 415-499-1024.

Your growth is our priority—don't miss out!



Thank You to Our "Hearts at Home" Sponsors!

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