

# Great Plates Delivered: Home Meals for Seniors Program



The Great Plates Delivered: Home Meals for Seniors program is a temporary program that delivers up to three restaurant prepared meals a day to eligible older adults during COVID-19.



## To qualify for the Great Plates program, applicants must:

- Be age 65+
- Persons between 60-64 and with an underlying health condition or exposure to COVID may qualify
- Live alone or with one other program-eligible adult
- Not be currently receiving assistance from other state or federal nutrition assistance programs, such as CalFresh
- Have an annual income within the following range:
  - \$24,981-\$74,940 (single household)
  - \$33,821-\$101,460 (two-person household).
- Affirm their inability to prepare or obtain meals



## To sign up for the program:

- Call the Aging & Independence Services Call Center at (800) 339-4661 and select option 7; **OR**
- Visit [www.greatplatessd.org](http://www.greatplatessd.org)

If you do not qualify for the Great Plates program, please call 2-1-1 to discuss additional food resources that may be available to you.



# Great Plates Delivered:

## Entrega de comida a casa para personas de la tercera edad



Great Plates Delivered: Entrega de comida a casa para personas de la tercera edad es un programa temporal que entrega comidas diarias a adultos mayores que cumplen con los criterios de elegibilidad durante el COVID-19.



### Para calificar a el programa, los solicitantes:

- Deben ser mayores de 65 años, o
- Deben tener entre 60 y 64 años con condiciones de salud de alto riesgo o expuestos a COVID
- Deben vivir solos o con otro adulto elegible
- No pueden estar recibiendo asistencia nutricional de otros programas estatales o federales, como CalFresh
- Deben tener ingreso anual dentro de los siguientes rangos:
  - \$24,981-\$74,940 (hogar de una persona)
  - \$33,821-\$101,460 (hogar de dos personas)
- Deben afirmar limitaciones que impidan preparar o obtener comida



### Para aplicar a el programa:

- Llame a Aging & Independence Services al (800) 339-4661 y seleccione la opción 7; **O**
- Visite [www.greatplatesd.org](http://www.greatplatesd.org)

Si no califica para el programa de Great Plates Delivered, llame al 2-1-1 para obtener mas informacion sobre recursos de nutricion adicionales.

